



PREMIER
ACCESS
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Individual & Family Dental Plan Options

Dental Health Maintenance Organizations: **DHMO**

The Affordable Option



888.326.3210

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Dental Health Maintenance Organization (DHMO)

DHMOs are excellent options for those who like to know exactly how much they will be charged for each dental service because these plans do not have deductibles, claims forms or dollar annual maximums. Not unlike a restaurant menu, all dental services are listed and have a pre-determined rate clearly stated and, best of all, these out-of-pocket costs are usually lower than those in a PPO.

Four Plans to Choose from:

The description of services below provides a very brief description of only some the procedures covered and is intended to be used as a summary only. The Individual Disclosure Form/Contract should be consulted for a detailed and complete description of covered services, limitations and exclusions.

	ADA CODES	DHMO PLAN PA1	DHMO PLAN PA2	DHMO PLAN PA3	DHMO PLAN PA4
Office Visit Copay		\$10	\$5	\$15	\$10
Preventive Services					
Periodic Oral Exam	D0120	\$0	\$0	\$0	\$0
Comprehensive Exam	D0150	\$0	\$0	\$0	\$0
Full Mouth Series (FMX)	D0210	\$0	\$0	\$25	\$0
Panoramic	D0330	\$0	\$0	\$25	\$0
Periapical X-rays	D0220	\$0	\$0	\$5	\$0
Bitewings- four films	D0274	\$0	\$0	\$0	\$0
Adult Cleanings	D1110	\$20	\$0	\$25	\$20
Child Cleanings	D1120	\$20	\$0	\$25	\$20
Adult/Child Fluoride Treatment	D1203	\$0	\$0	\$25	\$20
Basic Services					
Sealants 1st and 2nd Molars	D1351	\$25	\$5	\$25	\$25
Space Maintainers	D1525	\$80	\$80	\$85	\$85
Restorations - Amalgam Fillings	D2161	\$28	\$0	\$60	\$55
Extractions - Erupted tooth	D7140	\$20	\$5	\$45	\$40
Surgical Removal - Erupted tooth	D7210	\$60	\$30	\$70	\$70
Root Canal Therapy - Anterior	D3310	\$240	\$110	\$240	\$240
Root Canal Therapy - Bi-cuspid	D3320	\$250	\$185	\$350	\$350
Root Canal Therapy - Molar	D3330	\$375	\$265	\$400	\$400
Scaling & Root Planing - per quadrant	D4341	\$75	\$50	\$85	\$80
Major Services					
Crowns	D2750	\$350	\$245	\$425	\$425
Bridges - per unit	D6210	\$350	\$245	\$425	\$425
Complete Denture - per arch	D5110	\$495	\$325	\$525	\$495
Partial Denture - per arch	D5211	\$485	\$400	\$485	\$485
Orthodontia (Child)	D8080	75% of U&C † †	75% of U&C † †	\$2,700 † †	\$2,700 † †
(Adult)	D8090	75% of U&C † †	75% of U&C † †	\$2,900 † †	\$2,900 † †

† based on 24 month treatment plan: additional ortho co-pays may apply, see Certificate of Insurance for full break down.

A brief summary of benefits are listed here. For a complete list, please visit us at WWW.PREMIERLIFE.COM

The Individual DHMO plans are only available in certain counties. For a complete listing of the counties where the Individual DHMO plans are offered, please visit www.premierlife.com or call Customer Service toll free at 855.280.2882.

Summary of Benefits, Limitations And Exclusions

Limitations of Benefits

General

1. General anesthesia or IV sedation is a covered benefit only when administered by the Contract Dentist or Contract Specialist, in conjunction with covered oral surgery or covered periodontal surgical procedure.
2. Benefits for retained primary teeth are limited to services applicable to a primary tooth.
3. Treatment or extraction of primary teeth when exfoliation (normal shedding and loss) is imminent is not covered.
4. The frequency of certain Benefits is limited. All frequency limitations are listed in the Schedule of Benefits.
5. Benefits provided by a pediatric Dentist are limited to children through age seven following at least two attempts by the assigned Primary Care Dentist to treat the child and upon written prior authorization by Premier Access, less applicable Copayments.

Preventive & Diagnostic

1. Routine cleanings (prophylaxis), periodontal maintenance services and fluoride treatments are limited to 2 per 12 months. Additional cleanings (routine and periodontal) are available at the Copayment indicated in the Schedule of Benefits.
2. Sealants: Plan benefit applies to unrestored permanent molar teeth through age 15.
3. Panoramic and full mouth x-rays are limited to one every three (3) years, unless medically necessary.
4. Bitewing x-rays are limited to 2 series every 12 months.

Restorative

1. Fillings (amalgams and composites) are benefits for the removal of decay, for minor repairs of tooth structure or to replace a lost or failing restoration.
2. The placement of a crown, inlay or onlay is a benefit when there is insufficient tooth structure to support a filling.
3. Porcelain crowns, porcelain fused to metal or resin with metal type crowns and fixed partial dentures (bridges) for children under 16 years of age are not covered.
4. An initial treatment plan which involves the removal and reestablishment of the occlusal contacts of 10 or more teeth with crowns, onlays, fixed partial dentures (bridges), or any combination of these is considered to be full mouth reconstruction under the Plan. The crowns, onlays, and/or fixed partial dentures associated with such a treatment plan are not covered Benefits. This exclusion does not affect any other Benefits.
5. Contract Dentists may offer services that utilize brand or trade names at an additional fee. The Enrollee must be offered the plan benefits of a high-quality laboratory processed crown/pontic that may include: porcelain/ ceramic; porcelain with base, noble or high-noble metal. If the Enrollee chooses the alternative of a material upgrade (name brand, laboratory processed or in-office processed crowns/ pontics produced through specialized technique or materials, including but not limited to: Captek, Procera, Lava, Empress and Cerec), the Contract Dentist may charge an additional fee not to exceed \$325 in addition to the listed Copayment. Contact the Customer Service department at [(866) 650-3660] if you have questions about the additional fee or name brand services.
6. Precious metal for removable appliances, metallic or permanent soft bases for complete dentures, porcelain denture teeth, precious abutments for removable partials or fixed partial dentures (overlays, implants, and appliances associated therewith) and personalization and characterization of complete and partial dentures are not covered.
7. Inlays, Onlays, or Indirectly fabricated post and core: Base metal is the benefit. If an inlay, onlay or indirectly fabricated post and core is made of high noble metal or noble metal, an additional fee up to \$100 per tooth will be charged for the upgrade.
8. Crowns, Inlays, Onlays, Bridges, Dentures Porcelain and other tooth-colored materials on molars are considered a material upgrade with a maximum additional charge to the Enrollee of \$150.
9. For a covered porcelain-fused-to-metal crown, a porcelain margin is

considered to be a material upgrade with a maximum additional charge to the Enrollee of \$75.

10. Replacement of any restoration/bridge/denture is limited to once every five (5) years. The replacement of an existing inlay, onlay, crown, fixed partial denture (bridge), or a removable full or partial denture is covered when:
 - a) The existing restoration/bridge/denture is no longer functional and cannot be made functional by repair or adjustment; and
 - b) Either of the following: i) the existing non-functional restoration/bridge/denture was placed five or more years prior to its replacement; or ii) if an existing partial denture is less than five years old, but must be replaced by a new partial denture due to the loss of a natural tooth, which cannot be replaced by adding another tooth to the existing partial denture.

Prosthodontics

1. For all covered dentures and partial dentures, Copayment includes after delivery adjustments and tissue conditioning, if needed, for the first six months after placement. The Enrollee must continue to be eligible, and the service must be provided at the Contract Dentist's facility where the denture was originally delivered.
2. Covered interim partial denture is limited to one (1) per twelve (12) months.
3. Dentures (full or partial): Replacement only after five years
4. Coverage for the placement of a fixed partial denture (bridge) requires that:
 - a. No cantilevered posterior pontic (prosthetic tooth) be included; and i) the sole tooth to be replaced in the arch is a permanent tooth, which cannot be replaced by adding another tooth to an existing removable partial denture, or ii) the new bridge would replace an existing, non-functional bridge, or iii) each abutment tooth to be crowned meets the benefit criteria for a covered crown (when there is insufficient tooth structure to support a filling).

Endodontics

1. The Copayments listed for endodontic procedures do not include the cost of the final restoration.
2. With the exception of pulp caps, pulpotomies, pulpal debridements, and pulpal therapies with resorbable fillings, benefits for all endodontic procedures listed on the Schedule of Benefits are limited to permanent teeth.

Periodontics

1. Soft tissue management programs are limited to periodontal pocket charting, root planning, scaling, curettage, oral hygiene instruction, periodontal maintenance and/or prophylaxis. If an Enrollee declines non-covered services (including irrigation) within a soft tissue management program, it does not eliminate or alter other covered services.
2. Periodontal scaling and root planning is limited to 4 quadrants during any 12 consecutive months
3. Full mouth debridement is limited to 1 treatment during any 12 consecutive months.
4. Periodontal maintenance is limited to 2 per 12 months. Additional periodontal maintenance is beyond 2 per 12 months is covered at the copayment specified in the Schedule of Benefits.

Oral Surgery

1. Excision of the frenum is a benefit only when it causes limited mobility of the tongue, a large diastema between teeth or it interferes with a prosthetic appliance.
2. The removal of asymptomatic third molars is not a covered benefit unless pathology (disease) exists. Extraction of teeth, when teeth are asymptomatic/ non-pathologic (no signs of symptoms of pathology or infection), including but not limited to the removal of third molars and orthodontic extractions.

General Exclusions

1. Any procedure that is not specifically listed in the Schedule of Benefits.
2. Dental services received from any dental facility other than the assigned Primary Care Dentist, or a preauthorized dental specialist (oral surgeon, endodontist, periodontist, pediatric dentist or orthodontist), except for Emergency Services as described in the Disclosure Form/Contract.
3. Treatment or appliances that are provided by a Dentist whose practice specializes in prosthodontics services.
4. Dental procedures started prior to the Enrollee's effective date under this Plan or started after the Enrollee's termination from the Plan. Examples include: teeth prepared for crowns, root canals in progress, full or partial dentures for which an impression has been taken and orthodontics.
5. Any procedure that has a poor prognosis for a successful result and reasonable longevity based on the condition of the tooth or teeth and/or surrounding structures, or is inconsistent with generally accepted standards for dentistry.
6. Services solely for cosmetic purposes (except for those procedures listed on the Schedule of Benefits) or for conditions that are a result of hereditary or developmental defects, such as cleft palate, upper and lower jaw malformations, congenitally missing teeth and teeth that are discolored or lacking enamel, except for the treatment of newborn children with congenital defects or birth abnormalities.
7. Consultations or other diagnostic services for noncovered benefits.
8. Duplication of x-rays.
9. All related fees for admission, use, or stays in a hospital, out-patient surgery center, extended care facility, or other similar care facility.
10. Accidental injury. Accidental injury is defined as damage to the hard and soft tissue of the oral cavity resulting from forces external to the mouth. Damages to the hard and soft tissues of the oral cavity from normal masticatory (chewing) function will be covered at the normal Schedule of Benefits.
11. Prescription and over-the-counter drugs.
12. Replacement of dentures, crowns, appliances or bridgework that have been lost, stolen or damaged due to abuse, misuse, or neglect.
13. Treatment of malignancies, cysts, or neoplasms, unless specifically listed as a covered benefit on this Plan's Schedule of Benefits. Any services related to pathology laboratory fees are noncovered.
14. Procedures, appliances or restorations if the purpose is to change vertical dimension, replace or stabilize tooth structure loss by attrition, realignment of teeth, periodontal splinting, gnathologic recordings, or to diagnose or treat abnormal conditions of the temporomandibular joint (TMJ), with the exception of procedures D9951 and D9952 as shown on the Schedule of Benefits.
15. Myofunctional and parafunctional appliances and/or therapies.
16. Implant supported dental appliances and attachments, placement of implants, removal and all other services associated with a dental implant.

Orthodontics Limitations & Exclusions

For DHMO PA3 Plan and DHMO PA4 Plan that have discounted specialty services: Your Copayment for covered orthodontic services will be 75% of the Contract Dentist or Contract Specialist's Usual Fee. If your Primary Care Dentist does not provide orthodontic care, you may receive care from any Premier Access Contract Specialist whose practice is limited to orthodontic care. A listing of Contract Specialists whose practice is limited to orthodontic care is available online at www.premierlife.com or by contacting Customer Service at 866.650.3660.

If you terminate your coverage from the Premier Access Plan after the start of the orthodontic treatment, you will be responsible for any additional charges incurred for the remaining orthodontic treatment. The cost to an Enrollee receiving orthodontic treatment whose coverage is cancelled or terminated for any reason will be based on the Primary Care Dentist's or Contract Specialist's (orthodontics) Usual Fee for the treatment plan. The Primary Care Dentist or Contract Specialist will prorate the amount for the number of months remaining to complete treatment. The Enrollee makes payment directly to the Primary Care Dentist or Contract Specialist (orthodontics) as arranged.

1. Orthodontic treatment must be provided by your Primary Care Dentist or by a Premier Access Contract Specialist (orthodontics) I order for the Copayments listed in the Schedule of Benefits to apply.
2. If you have a pre-orthodontic treatment consultation (D8660) the Copayment specified in the Schedule of Benefits is \$0; however, in the event that orthodontic treatment is not required or is declined by the Enrollee, a fee of \$85 will apply for the visit. The Enrollee is also responsible for any incurred orthodontic diagnostic record fees.
3. Comprehensive orthodontic treatment consists of repositioning all or nearly all of the permanent teeth in an effort to make the Enrollee's occlusion as ideal as possible. This treatment usually requires complete fixed appliances, however, when the Contract Specialist (Orthodontics) deems it suitable, a European or removable appliance therapy may be substituted at the same Copayment amounts as for fixed appliances.
4. Plan benefits shall cover twenty-four (24) months of usual and customary orthodontic treatment and an additional twenty-four (24) months of retention. Treatment extending beyond such time may be subject to an additional charge of [\$125 per month] or 75% of the Primary Care Dentist or Contract Specialist (orthodontics) Usual Fee.
5. The Copayment is payable to the Primary Care Dentist or Contract Specialist (orthodontics) who initiates banding in a course of orthodontic treatment. If, after banding has been initiated, the Enrollee changes to another Contract Specialist to continue orthodontic treatment, the Enrollee:
 - a. Will not be entitled to a refund of any amounts paid; and
 - b. Will be responsible for all payments, up to and including the full Copayment, that are required by the new Contract Orthodontist for completion of the orthodontic treatment.
6. The retention phase shall include the construction, placement, and adjustment of retainers.
7. Three recementations or replacements of a bracket/band on the same tooth or a total of five rebracketings/rebandings on different teeth during the covered course of treatment are Benefits. If any additional recementations or replacements of brackets/ bands are performed, the Enrollee is responsible for the cost at the Primary Care Dentist's or Contract Specialist's (orthodontics) Usual Fee.
8. Active orthodontic treatment in progress on your effective date of coverage on the Premier Access Plan is not covered. Active orthodontic treatment means tooth movement has begun.
9. The following are not included as orthodontic benefits:
 - a. Repair or replacement of lost or broken appliances;
 - b. Retreatment of orthodontic cases;
 - c. Changes in orthodontic treatment necessitated by accident of any kind.
 - d. Treatment involving:
 - i. Maxillo-facial surgery, myofunctional therapy, cleft palate, micrognathia, macroglossia;
 - ii. Hormonal imbalances or other factors affecting growth or developmental abnormalities;
 - iii. Treatment related to temporomandibular joint disorders;
 - iv. Composite or ceramic brackets, lingual adaptation of orthodontic bands, Invisalign and other specialized or cosmetic alternatives to standard fixed and removable orthodontic appliances.